

I AM IN

Christ

I AM

Alive

I AM A PART OF

*Something
Bigger*

I AM

Empowered

& Equipped

IN CHRIST

I am not a victim and
I have great value.

Ephesians

3:14-4:16 NIV

14 For **this reason** I kneel before **the**
Father, **15** from whom every **family** in
heaven and on earth derives its name.

16 I pray that out of his **glorious riches** he may **strengthen you with power** through his **Spirit** in your inner being,
17 so that **Christ** may **dwell** in your hearts through faith.

And I pray that you, being rooted and established in love, 18 may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ,

19 and to know this love that surpasses
knowledge—that you may be filled to the
measure of all the fullness of God.

GOD'S LOVE IS:

- Wide enough to include every person.
- Strong enough to last through all eternity.
- Deep enough to reach the worst sinner.
- High enough to reach heaven.

20 Now to him who is able to do
immeasurably more than all we ask or
imagine, according to his power that is
at work within us,

21 to him be glory in the church and **in**
Christ Jesus throughout all generations,
for ever and ever! Amen.

IN CHRIST

I AM EMPOWERED BY MY FATHER:

1. To be strengthened by his Spirit in my inner being.
2. So that Christ will dwell in my heart.
3. To be rooted and established in love.
4. To know God's love in every area of my life.
5. To be filled with all the fullness of God.

IN CHRIST

**I know who and
whose I am.**

Chapter 4

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. 2 Be completely humble and gentle; be patient, bearing with one another in love.

3 Make every effort to keep the unity of the Spirit through the bond of peace.

4 There is **one body** and **one Spirit**, just as you were called to **one hope** when you were called; **5** **one Lord**, **one faith**, **one baptism**; **6** **one God and Father of all**, who is **over all** and **through all** and **in all**.

7 But to each one of us grace has been
given as Christ apportioned it.

8 This is why it says:

“When he ascended on high, he took many captives and gave gifts to his people.”

9 (What does “he ascended” mean except that he also descended to the lower, earthly regions? 10 He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.)

11 So **Christ himself** gave the apostles, the prophets, the evangelists, the pastors and teachers, **12** to **equip his people** for works of service, so that the body of **Christ** may be **built up**

13 until we all reach unity in the faith
and in the knowledge of the Son of God
and become mature, attaining to the
whole measure of the fullness of Christ.

14 Then we will no longer be infants,
tossed back and forth by the waves, and
blown here and there by every wind of
teaching and by the cunning and
craftiness of people in their deceitful
scheming.

15 Instead, speaking the truth in love,
we will grow to become in every respect
the mature body of him who is the head,
that is, Christ.

16 From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

IN CHRIST

WE ARE EQUIPPED BY THE FATHER:

1. With grace gifts for works of service.
2. To bring unity in the faith and knowledge of Jesus.
3. To grow together into the fullness of Christ.
4. To speak the truth in love.
5. To be a part of the mature body of Christ.

WHO AM I IN CHRIST?



IN CHRIST

I am not a victim.

I have great value

to God and others.

I AM A

Beloved

DAUGHTER OF GOD