

THE *S.O.A.P* METHOD

S
Scripture

O
Observation

A
Application

P
Prayer

Devotions

EPHESIANS CHAPTER ONE



Learned a new family culture.



It was a step of faith.

3. I didn't know how to be married.

4. We changed as we lived it out.

5. You don't do it alone.

1 Paul, an apostle of Christ Jesus by the will of God, To God's holy people in Ephesus, the faithful in Christ Jesus: **2**
Grace and peace to you from God our Father and the Lord Jesus Christ.

3 Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. **4** For he chose us in him before the creation of the world to be holy and blameless in his sight. In love

5 he predestined us for adoption to
sonship through Jesus Christ, in
accordance with his pleasure and will—
6 to the praise of his glorious grace,
which he has freely given us in the One
he loves.

Relationship Status IN CHRIST

1. I am blessed with every spiritual blessing. (vs 3)

2. I am chosen to be loved before I was born. (vs 4)

3. I am adopted into the Family of God. (vs 5)

IN CHRIST IS A

Relationship Status Change



Adoption



New Birth

Your Life Changes When Your
Relationship Status Does.


7 In him we have **redemption** through his blood, the **forgiveness** of sins, in accordance with the riches of **God's** **grace** **8** that he lavished on us. With all wisdom and understanding,

9 he made known to us the mystery of
his will according to his good pleasure,
which he purposed in Christ, 10 to be put
into effect when the times reach their
fulfillment—to bring unity to all things
in heaven and on earth under Christ.

11 In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will,
12 in order that we, who were the first to put our hope in Christ, might be for the

praise of his glory. **13** And you also were
included in Christ when you heard the
message of truth, the gospel of your
salvation. When you believed, you were
marked in him with a seal, the promised
Holy Spirit, **14** who is a deposit

guaranteeing our inheritance until the
redemption of those who are God's
possession—to the **praise of his glory.**



IN CHRIST

4.

I am **redeemed.** (vs 7)

5.

I am **forgiven.** (vs 7)

6.

I am **a part of God's plan.** (vs 8-12)

7.

I am **included.** (vs 13)

8.

I am **marked with the seal of the Holy Spirit.** (vs 13-14)

15 For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, **16** I have not stopped giving thanks for you, remembering you in my prayers.

17 I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

18 I pray that the **eyes of your heart** may be enlightened in order that you may **know the hope to which he has called you, the riches of his glorious inheritance** in his holy people,

19 and his incomparably **great power** for us who believe. That power is **the same** as the mighty strength **20** he exerted when he **raised Christ from the dead** and seated him at his right hand in the heavenly realms,

21 far above all rule and authority,
power and dominion, and every name
that is invoked, not only in the present
age but also in the one to come.

22 And God placed all things under his feet and appointed him to be head over everything for the church, 23 which is his body, the **fullness of him who fills everything in every way.**

IN CHRIST

9.

I can **know God** better. (vs 17)

10.

I can **know the hope** I'm called to. (vs 18)

11.

I can **access my inheritance** now. (vs 18)

12.

I can **walk in God's power**. (vs 19-23)

I AM IN CHRIST

- I am **blessed**. (vs 3)
- I am **chosen**. (vs 4)
- I am **adopted**. (vs 5)
- I am **redeemed**. (vs 7)
- I am **forgiven**. (vs 7)
- I am **a part of God's plan**. (vs 8-12)
- I am **included**. (vs 13)
- I am **marked with the seal of the Holy Spirit**. (vs 13-14)
- I can **know God** better. (vs 17)
- I can **know the hope** I am called to. (vs 18)
- I am **God's inheritance** and a part of God's **holy people**. (vs 18)
- I can **walk in God's power**. (vs 19-23)

IN CHRIST

1. You learn a new family culture.
2. It is always a step of faith.
3. You won't know how to do it until you do it.
4. You will change as you grow.
5. You don't do it alone.

WHO ARE YOU IN CHRIST?

Beloved Daughter